NYU Sydney Fall 2018
Pre-Departure Orientation

Nyoka Joseph
This online guide is designed for students who could not attend the in-person session. Please read through it carefully and then complete the Mandatory Quiz linked at the end of the presentation.

You MUST complete the quiz to fulfil the orientation requirement and participate in the program by May 30th.

**Note:** If you do not see this message ***We thank you for your time spent taking this survey. Your response has been recorded*** you have not successfully completed the quiz.
This presentation will focus on specific information that you need to know, specific tasks that only you can complete, and identify the NYU resources that will be available to you while you’re in Sydney.

Let’s begin!
Who is NYU Sydney?

Mal Semple
   Director

Megan Carrigy
   Associate Director, Academic Programs

Marcus Neeld
   Assistant Director, Student Services

Lauren Stahl
   Global Wellness Counselor

Sarah Naderi
   Operations Manager

Yuri Ogura
   Academic Programs Coordinator

Mark Eels
   Operations & Communications Co.

Alexander Kerti
   Program Assistant

Laura Hibbert
   Student Life Asst.

Eyup Erdemli
   Security Guard

Alex Kerti
   Custodian

Margaret Kerti
   Custodian

NYU GLOBAL PROGRAMS

NEW YORK UNIVERSITY
NYU Sydney Academic Center aka Science House

- Located in The Rocks, an historic area and tourist precinct in Sydney’s city center
- Close proximity to Sydney Harbour, Opera House, Botanic Gardens, Darling Harbour, Observatory and Downtown (CBD)
- Constructed in 1930s as a cooperative venture between the three leading scientific organisations in Sydney
- Protected heritage landmark building
- NYU operates Ground floor through level 3 (two lifts on every level)
- Most of your lectures are in this building
Do I need a visa?

❖ Yes! All Students attended NYU Sydney (except citizens of Australia and New Zealand should apply for either a Work and Holiday Visa (Subclass 462) or a Working Holiday Visa (Subclass 417), depending on your country of citizenship.

❖ Our partner office, The Office of Global Services, is responsible for all visa related advising

❖ Individual circumstances pertaining to the granting of visas can vary

Contact information:
• OGS Representative Aaron Reynolds; aaron.reynolds@nyu.edu
• Email ogs.outbound@nyu.edu
• Call +1-212-998-4242 (Monday-Friday, 9am-5pm Eastern Time)
• Walk-in-Advising Hours at 383 Lafayette Street are:
  – Monday, Tuesday, and Friday from 10:00am – 4:00pm
  – Wednesday and Thursday from 11:00am – 5:00pm
Arrival and Check-in

❖ It is mandatory to arrive the morning (ideally between 7am-11am) of August 28th and participate in all Orientation activities.

❖ You must book your own flight to Sydney and will be required to submit arrival details to NYU Traveler and in the Housing Application.

❖ Travel with a hard copy of your Arrival Cheat Sheet! (provided over the summer)

At the Sydney Airport (SYD) a.k.a. Kingsford Smith

▪ Approx. 5 miles from city centre

▪ Taxi costs ~AUD45 (~USD34) to Urbanest/City Centre, *but may be more in rush-hour traffic*

▪ Find students traveling to Sydney with you through the closed Facebook group and plan to share a fare

▪ Train from airport cost AUD17 (~USD13) and stops within a short walk to Urbanest

▪ Travel and arrival cheat sheet sent to students before departure

▪ Director and Student Life staff will greet you at Urbanest
Classes will generally meet Monday to Thursday with occasional make-up classes held on Fridays. Do not make weekend travel plans until you have arrived, confirmed your schedule, and verified the make-up class schedules for your courses.
Academics

❖ **Must register for 12-18 credits**

❖ Add/Drop during first 2 weeks

❖ **Unexcused absences will impact your grade**

❖ Typically all course materials are available on-site. You can access e-books, journals and articles through NYU Libraries. You may need to order some books ahead of time (we will let you know via the guide).

**Courses in:** Anthropology; Biology; Business; Chemistry; Child & Adolescent Mental Health (CAMS); Creative Writing; English; Environmental Studies; Gallatin; Global Public Health (GPH); Internship Seminar; Journalism; Media, Culture & Communications (MCC); Physics, Psychology; Social & Cultural Analysis, Technology Management and Innovation (online); Computer Science and Engineering (online)
If you will have a smartphone while abroad, download the Duo App before arriving and follow instructions on the guide to allow you to access your NYU account using MFA while abroad. The app will have a key to sign on, even if you’re offline.
Housing at NYU Sydney: Overview

❖ All students must live in NYU provided housing
❖ Housing Application is available May 2nd via the Study Away Confirmation Portal - due June 15
❖ Housing only available during the program dates (August 28 - December 21)
❖ No meal plans or dining halls available

Location

❖ Urbanest at Quay street is located in Haymarket (Sydney’s Chinatown)
❖ International student accommodation with approximately 300 students from programs around the world
❖ Plenty of local bargain shopping and restaurants
❖ 35 minute walk to Academic Centre or take a train
❖ 10 minute walk to University of Sydney
❖ 5 minute walk to University of Technology-Sydney (UTS)
❖ Access card required to enter building
Urbanest @ Quay Street (pronounced Key)
Inside Housing

- Suites consist of 6 NYU students
- Each student has a single bedroom with their own bathroom (*shower/no bath*)
- Included: 1 pillow, 1 pillowcase, 1 mattress cover, 1 bed sheet (no top sheet), 1 comforter, 1 body towel, and 1 hand towel
- Shared common area and kitchen (pots, pans, plates, utensils included)
- Study desk, wardrobe, and storage space
- Air conditioning/heating
- Laundry facilities
- Outdoor space with grill, billiards, and table tennis
- Television and games room
- 50GB Wireless internet per month (*unlimited at Science House*)
- Overnight guest and visitors permitted (wait until you arrive in Sydney and receive course syllabi)
What should I pack?

**Suggested Items**

- Any medication you need and copies of the prescription name written in the generic term. (Australian pharmacies will not refill prescriptions written overseas)
- Bookbag for weekend trips and groceries
- Adaptors
- Comfortable shoes
- Layers! For travel and changing seasons.
- Toiletries you love - some brands may not be available abroad and some things (e.g. makeup) can be expensive
- **Reminder:** Bring NYU ID Card

**Leave at Home**

- Bedding, linens, towels
- Kitchen utensils
- American appliances (e.g. hairdryer)

Contact your airline to find out luggage restrictions - they change frequently
Getting around the city

NYU Sydney Academic Center is easily reached by walking or by taking public transportation using your Opal card.
Safety at NYU Sydney

❖ NYU Academic Center and Urbanest have secure entry with swipe card access
❖ Science House has security guard during business hours
❖ Urbanest has staff available to assist students 24 hours a day. The front desk is staffed M-F: 10am-7pm, Sat-Sun: 10am-6pm (subject to change)
❖ NYU staff member is ALWAYS on duty – emergency number will be provided at orientation
❖ Personal Property Insurance
❖ Upon arrival at Urbanest, all students must complete a mandatory safety induction, which includes fire safety and emergency response protocol
❖ Help us keep you safe by following staff recommendations
  ● Don’t invite strangers into your housing
  ● Your guests should always be in your company
  ● Always lock your doors
  ● Know your surroundings - Be Aware!
Safe NYU App

❖ Free mobile campus safety app

❖ The features include:
  ❖ Emergency contact
  ❖ Mobile Bluelight
  ❖ Friend Walk
  ❖ Getting Around

Let’s download the app now!!!
Health, Wellness, and Medical Needs

❖ All students are enrolled in GeoBlue International Health Insurance:
  ➢ Typically no out-of-pocket payment for students to see a doctor or counselor within the network
  ➢ English-speaking health professionals posted on the GeoBlue website and available to students

❖ REMEMBER to register with GeoBlue when you receive the email in August

❖ DO NOT cancel your domestic health insurance while you are abroad!

❖ All students should consult with NYU Sydney Student Life or Wellness staff if they need help making a doctor’s appointment - Bridgeside Medical Centre next door to Science House.

❖ NYU Health Center’s Wellness Exchange is available 24/7 on a local number: 1 800 047 973

Fill all necessary and ongoing prescriptions before you leave – Australian pharmacies will not fill them.
Students with special needs, academic or otherwise, currently registered with the Moses Center for Students with Disabilities, who will be studying away must contact the Moses Center in order to discuss the transfer of accommodations prior to departure; resources and services may differ abroad. Students not currently registered with Moses but wish to request accommodations to be used abroad should reach out to them as soon as possible to discuss options.
Be strategic with your money!

Accessing Money

❖ Use ATMs, debit cards, credit cards (NOTE: you will need a PIN in place of signature). Consider international transaction fees with each debit/credit card purchase.

❖ Contact your bank about ATM fees abroad and to let them know you’ll be travelling - don’t lose your card in the ATM!

❖ HSBC have branches in Sydney. Westpac has a relationship with Bank of America, no ATM fees.

❖ If you are interested in opening a local bank account in Sydney, consider CommBank (more info on the Money Module).

❖ Bring some Australian dollars and be aware of the exchange rate and fees for currency conversion (http://www.xe.com).

Saving Money

❖ Budget before you go and consider ALL of your expenses:
  ➢ Upfront Costs (flight, visas etc.)
  ➢ On-site Costs (textbooks, laundry, food etc.)
  ➢ Ask for student discounts
  ➢ Buy groceries, cook for yourself & together to stretch deals at the market
  ➢ Plan independent travel in advance, but only after Orientation to avoid course conflicts.
Staying in Touch

❖ **Set-up a video chat account** (and one for your family)
   Skype, WhatsApp, FaceTime and Google Voice/Hangout are most common

❖ **Cell Phones**
   If your mobile is a quad band or GSM phone, it will work in Australia. **Contact your provider to unlock your phone** for use abroad. You should purchase a SIM card upon arrival to avoid roaming charges.

   If you do not have a quad band phone, during Orientation you will have opportunity to purchase an inexpensive, local phone, which uses pre-paid services

❖ **Create a realistic communication plan**
   Are you going to talk daily, weekly, or say see you next semester?

**IMPORTANT:** Share your personal cell phone number with the Office of Student Life as soon as you have it!
How do I get involved?

**Student Life & Fitness**
Meeting locals and making new friends is an important aspect of your study abroad experience. To help you, NYU Sydney has negotiated special rates for students interested in joining local gyms and fitness centers, as well as the clubs and organizations of two of the city’s major universities.

These include:
- Sydney University – Clubs and Societies
- University of Technology Sydney (UTS) – Clubs and Fitness Center
- Jett’s Gym
- King George V Recreation Center

Other opportunities exist with:
- Local running and fitness clubs
- Sydney Dance Company
- Mandelbaum House at Sydney University
- Bushwalking/hiking groups
- Urbanest exercise room
“The staff at NYU Sydney is committed to fostering a strong sense of community through shared experiences and close personal connections."

– Marcus Neeld

How do we do this?
Students are expected to attend all orientation week activities

- Student Life, Academics and Wellness sessions
- Harbour cruise and walking tours
- MILDON Island retreat

Sydney staff will cover topics pertinent to everyday life in Sydney, including health, safety, and academics. There will be additional cohort activities throughout the semester – leave Fridays open until you receive your full semester calendar!
Learning beyond the classroom is integral to maximising your experience at NYU Sydney.

Example field trips during past semesters:

**Course-Related**
- Art Gallery of New South Wales
- Sydney Opera House & Belvoir Theatre
- Ku-ring-gai Chase National Park Rock Art
- Sydney Royal Botanical Gardens
- Live audience for political show Q&A

**Co-curricular**
- Orientation retreat at Milson Island
- Visit a wildlife park
- Hiking overnight trip at the World Heritage listed Blue Mountains & Jenolan Caves
- Local sporting events
- Surfing lesson
- Residence Hall programming
- Volunteer opportunities
Beyond the Classroom Experience

Internship, research, and volunteer opportunities available but not limited to:

❖ Media/news network
❖ Neuroscience research lab
❖ Refugee legal centre
❖ Marketing and branding agency
❖ Children’s literacy program
❖ Environmental activist group
❖ More Information here

Application Deadline: May 4, 2018 @ 5pm EST
Questions? E-mail nyu.sydney.btc@nyu.edu
How do I plan my travel?

- Choose times when you’re sure you don’t have academic obligations
- Consult the global attendance policy; ask questions if you have them!
- Ask faculty, staff, and previous students for suggestions
- Register any scheduled trips in NYU Traveler
- Follow NYU Sydney’s Facebook and Instagram accounts for ideas!
- Don’t forget to see plenty of Sydney!
What is Sydney like?

• The Harbour City
• Most populous city in Australia - 4.5 million population
• Residents of Sydney are called Sydneysiders
• Multicultural city with large immigrant population (UK, China, New Zealand, Vietnam, Lebanon, India)
• World-class museums, theatres, and opera
• Unique access to Indigenous Australian art and culture - the planet’s longest, continuous civilisation
• Beach culture - check out Bondi and Manly beaches, and smaller local favourites too!
• A hub for film and television production
• Maritime temperate climate
Sydney: City of Villages

Glebe (Inner West): Glebe has a colorful and eclectic history, as well as a long main drag, Glebe Point Road, which stretches from Parramatta Road all the way to the harbour at Bicentennial Park. The street is known for its culturally diverse cuisine; Glebe Markets held every Saturday at the local primary school; and Gleebooks, which hosts a busy schedule of book launches and talks featuring significant Australian writers and public intellectuals.

- Megan

Cronulla (Sutherland Shire): One of Sydney’s famous beachside and more densely populated communities, Cronulla is located in the Sutherland Shire (or “the Shire”). My family has called this area—home to the Cronulla Sharks rugby league team—for over 30 years. It has changed a lot, with surfboards switched for lattes, and skinny jeans replacing board shorts. Cronulla continues to be a great place to visit, and a sunrise as you walk along the Esplanade (with your latte) is hard to beat.

- Marcus
Pymble (North Shore): Pymble is a very green, residential suburb with many eucalyptus, maple and jacaranda trees lining the streets. It is known for its birds and wildlife, and Rainbow Lorikeets are particularly prevalent. I remember growing up, hearing the distinct chirp of the lorikeet, and rushing outside to feed them on our balcony—they love grapes and apples, anything sweet! They can become very tame and learn sit on your balcony or porch after feeding. - Sarah

Guildford (Western Suburbs): Guildford is one of Australia’s largest Arabic speaking communities, in part because of a large migration following the civil war in Lebanon. Guildford has a variety of schools, parks & sports grounds, pools, shops, a train station, several churches and mosques, and is also home to the first KFC in Australia. Sydney's oldest, and perhaps most visible, above-ground water supply pipeline skirts most of the southern boundary of Guildford. - Yuri
What is the food like?

❖ With many diverse cultures come many cuisines. It will be easy to find European, Asian, and Middle-Eastern influences all around the city. Be sure to travel to different suburbs to find the most authentic and immersive experience!

❖ Aussies love their meat, but vegetarians and vegans do well. Maritime environment provides an abundance of seafood, including affordable on-the-go sushi stands! And you have to visit the world-famous Glebe Fish Market to believe it. It’s the largest in the southern hemisphere!

❖ Some local options you may not have tried yet
  ➢ Meat pies
  ➢ Kangaroo
  ➢ Vegemite
  ➢ Crocodile
  ➢ Pavlova (meringue-based dessert)
  ➢ Lamington (sponge cake in chocolate sauce & dusted coconut)
Talking Like an Aussie ("ss" = "zz")

G’day – Hello, have a good day
Arvo – Afternoon
How’re you going – How are you
Good on ya – Good job
Mate – Friend, acquaintance
Bloke – A man
Lift – Elevator
Tomato sauce – Ketchup
Fair dinkum – Genuine
Half yer luck – Congratulations
Ta – Thanks
Coriander – Cilantro

Capsicum – Red pepper
Fortnight – Two weeks
Sunnies – Sunglasses
Takeaway – Takeout, food-to-go
Footpath – Sidewalk
Yack – Chat, gossip, vomit
Flat White – standard coffee
EFTPOS – paying with card
Chewy – Chewing Gum
Dog’s Eye – Meat Pie
Chemist – Pharmacy
Zed – “Z”
You are stepping into a social/political/cultural/historical context that existed far before you arrived.

How will you educate yourself about that history?
Your Community in Sydney

**Support your peers** when they’re in need

**Develop relationships** with people different than yourself

Take responsibility to **educate yourself** and do your OWN research

**Expand your knowledge** and awareness of both domestic and global social issues

**Learn what it means to have privilege** based on your social identities and social location

Be sincere in your efforts and operate with integrity; **recognize your impact**, not just your intentions; lean into discomfort

**Educate others**, including speaking out against oppressive language and behavior
**Visa Questions:**
Contact OGS: ogs.outbound@nyu.edu

**Registration Questions:**
global.academics@nyu.edu or

**Housing Questions:**
Review Housing Module on the Guide, then contact me (nyoka.joseph@nyu.edu)
Final Checklist

1. Complete the Mandatory Pre-departure Quiz by May 30th (If you attended Orientation on 4/17 you do not need to complete the quiz)

2. Register for classes

3. Read NYU Sydney Fall 2018 Student’s Guide

4. Submit Study Away Confirmation Portal (Housing Application) by June 15th

5. Arrive in Sydney on August 28th!